

Self-Disclosure and Health Related Quality of Life of HIV Infected Individuals in Mosan
Okunola LCDA, Alimosho of Lagos State

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Certification

This is to certify that **Bolanle Oluwaseun OLAYIWOLA** with matriculation number LCU/PG/002174 carried out this research work titled “Self-Disclosure and Health Related Quality of Life of HIV Infected Individuals in Mosan Okunola LCDA, Alimosho of Lagos State “in the Department of public health, Faculty of Public health, Lead city University, Ibadan for the award of Master’s degree in public health (MPH) and this has not been previously submitted.

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Date

Dedication

This work is dedicated to the Almighty God, the giver of knowledge and wisdom for His unquantifiable love and through whom I am able to make all the achievements I have recorded.

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Abstract

Living with HIV can impact upon many of the factors that affect their quality of life; not only their physical health, but also their mental and social wellbeing. After all, HIV is not simply a virus that causes disease, but also a social and historical event that impacts how others react towards. Issues including personal safety and human rights as well as other aspects of the political and social infrastructure can radically affect their quality of life. The study aimed to examine the effects of HIV status disclosure on the quality of life of PLWHIV in Mosan Okunola LCDA, Alimosho of Lagos State. The study adopted a facility-based cross-sectional survey which recruited 318 HIV infected individuals in Mosan Okunola LCDA, Alimosho of Lagos State. For data collection, a quantitative method was adopted, a structured questionnaire was adapted to obtain relevant data from the participants and adopted WHOQOL-HIV BREF instrument which was to be used to examine the respondent's overall perception of quality of life as well as the respondent's overall perception of his or her health. The WHOQOL-HIV BREF instrument was used to evaluate respondents' quality of life from six domains and 29 facets. Results revealed that the majority (82.6%) of the participants in this study had disclosed their HIV status with a significantly highest proportion of the participants who received a diagnosis in between one to five years disclosing their status. Generally, status disclosure was not significantly associated with QOL. However, the data suggest that support in the area of being employed and having a good relationship has a possible benefit to QOL. The study made a concerted effort to bring about a comprehensive understanding of Self-Disclosure and Health-Related Quality of Life of HIV Infected Individuals in Mosan Okunola LCDA, Alimosho of Lagos State. Policy guidelines that sought to improve the mental health and quality of life of PLWHA should be enforced.

Keywords: HIV, QoL, Self Disclosure, LCDA

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List of Acronyms

Abbreviation	Meaning
HIV	Human Immunodeficiency Virus
QoL	Quality of Life
LCDA	Local Council Development Area
WHO	World Health Organization

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