

Quality of Life and Psychological Health of Out-Of-School Adolescent Girls and Young Women in Urban Slums in Ibadan Metropolis, Southwest, Nigeria

**Olubunmi Oluseun, ONI
LCU/PG/002756**

**Being a MPH Postfield Presentation Submitted to the Department of Public Health,
Faculty of Basic and Health Sciences, Lead City University, Ibadan, Oyo State, Nigeria**

**In Partial Fulfillment of the Requirements for the Award of Master Degree (MPH) in
Public Health**

2023

Certification

This is to certify that Olubunmi Oluseun ONI with matriculation number LCU/PG/002756 carried out this research work titled “Quality of Life and Psychological Health of Out-Of-School Adolescent Girls and Young Women in Urban Slums in Ibadan Metropolis, Southwest, Nigeria” in the Department of Public Health, Faculty of Public health, Lead City University, Ibadan for the award of Master’s degree in Public Health (MPH) and this has not been previously submitted.

Dr. Tubosun Olowolafe
Supervisor

Date

Dr. Tubosun Olowolafe
Head of Department

Date

Dedication

I dedicate this research project to the Almighty God and my entire family.

Do Not Copy, Lead City University, Nigeria

Acknowledgement

I am grateful to the institution Lead City University Ibadan, Oyo State. I want to thank my supervisor, who doubles as the Head of the Department Dr. Tunbosun Olowolafe, for his mentorship, guidance and support, while this programme lasted. Deep appreciations to Dr. Fola Akinsolu and other lecturers, including all the administrative staff of the Department every ounce of your effort got me here. Kudos!

My heartfelt gratitude to my darling husband, for his support, encouragement and prayers, throughout the programme.

I also appreciate the health facility workers at where I got the research data from for trusting me with such confidential information, which made my work seamless; should I mention names, I sure would lose count. Accept my heartfelt gratitude, please.

Lastly, I thank Samuel Bankole ,Clement Awe and other research assistants , too numerous to list their names, for immense support during data collection and analysis.

This acknowledgement is far from over if I fail to thank my darling husband Professor Wale Oni and my children, Taiwo, Kehinde and Opemipo, for their understanding and patience, while the programme rivaled my attention with them – Sweeties, my love for you is eternal.

And to every other person words would fail me to capture, especially, parent and siblings – God bless and keep you all, as I continue to make you proud.

In this pursuit of relevance, this is just the beginning!

I am greatly indebted to the various writers whose writings and work I have taken help to complete this study.

Even though the above-mentioned institution and persons have assisted in the process of this research work, I alone stand responsible for the errors, if any found in the work.

Abstract

The quality of life and psychological health of individuals are major indicators of a society's well-being. Out-of-school girls in these areas are particularly vulnerable, as they face significant barriers to accessing basic services and opportunities for personal and professional growth. The study aimed to assess and to understand the quality of life and psychological health of out-of-school adolescent girls and young women in urban slums in Ibadan metropolis, Southwest, Nigeria. The study involved 407 participants out of school adolescent girls and young women. The study found that the majority of the participants had a good quality of life, with only a small proportion belonging to the low QoL group. The study also identified significant associated variables impacting quality of life, which include educational status, father's level of education, mother's occupational status, and religion. The study also highlighted instances of sexual harassment, rape, and the use of illicit drugs among the participants. The overall psychological well-being shows that 91.4% of participants reported poor psychological well-being. Overall, the study provides valuable insights into the quality of life and well-being of young adults in Nigeria, highlighting areas of strength and areas for improvement. The findings can inform policies and interventions aimed at improving the quality of life and well-being of young adults in Nigeria and other similar contexts. The study also contributes to the existing literature on the quality of life and well-being of young adults in Nigeria, providing a basis for future research in this area.

Key Words: Quality of Life, Psychological health, Out of school, adolescents girls and young women,

Word Count:322

Table of Contents

Content	Page
Title Page	i
Certification	ii
Dedication	iii
Acknowledgement	iv
Abstract	v
Table of Contents	vi
List of Tables	ix
List of Figures	x
List of Acronyms	xi
Chapter One:	Introduction
1.1	Background to the Study
1.2	Statement of the Problem
1.3	Justification of the study
1.4	Aim and Objectives of the study
1.5	Research Questions
1.6	Significance of the Study
1.7	Scope of the Study
1.8	Limitation of the Study
1.9	Operational Definition of Terms
	Endnotes

Chapter Two:	Literature Review	
2.1	Conceptual Review	12
2.1.1	Human Immunodeficiency Virus	12
2.1.2	The Immune System and HIV	20
2.1.3	National Response to HIV in Nigeria	21
2.1.4	Risk Factors for HIV in Nigeria	23
2.1.5	Management of HIV	24
2.2	Theoretical Review	43
2.3	Review of Empirical Studies	50
2.4	Theoretical Framework	70
2.5	Summary of Gaps in Literature Reviewed	7
	Endnotes	74
Chapter Three:	Methodology	
3.1	Research Design	90
3.2	Population of the Study	91
3.3	Data Source	91
3.4	Data Collection Procedure	91
3.5	Data Management and Analysis	91
3.6	Ethical Approval and Considerations	92
	Endnotes	95
Chapter Four:	Results and Discussion of Findings	
4.1	Demographic Data Analysis	96
4.2	Presentation of Data	101

4.3	Discussion of Findings	114
	Endnotes	117
Chapter Five:	Conclusion	
5.1	Summary of Findings	118
5.2	Conclusion	119
5.3	Recommendations	120
5.4	Contribution to Knowledge	121
5.5	Suggested Areas for Further Research	121
	Bibliography	123
	Appendices	142
	Biodata	143
	The University compliance Certification	148

Do Not Copy, Lead City University, Nigeria

List of Tables

Table	Title	Page
4.1	Demographic Characteristics of Data	96
4.2	Mothers Clinical Characteristics	99
4.3	Child Clinical Characteristics	100
4.4	Bivariate Analysis of Child's HIV Status after 18 months and other Variables	104
4.5	Bivariate Analysis mother timing of antiretroviral therapy initiation and other Variables	107
4.6	Association between the timing of mother antiretroviral therapy initiation and HIV status of child at 18 months	110
4.7	Factors associated with Childs HIV status at 18 months	112

List of Figures

Figure	Title	Page
2.1	Theoretical Framework	70
4.1	The prevalence of HIV among HIV-exposed infants	101
4.2	The mother timing of antiretroviral therapy initiation	106

Do Not Copy, Lead City University, Nigeria

List of Acronyms

Abbreviation	Meaning
HIV	Human Immunodeficiency Virus
PMTCT	Parent Mother to Child Transmission
EID	Early Infant Diagnosis
SSA	Sub Saharan Africa
STD	Sexually Transmitted Disease
STI	Sexually Transmitted Infections
UN	United Nations
UNFPA	United Nations Population Fund
UNICEF	United Nations Children's Fund
WHO	World Health Organization

Do Not Copy, Lead City University, Nigeria