

CERTIFICATION

This is to certify that Joseph Ayanlere Ayansian with matriculation number LCU/PG/001652 carried out this research work titled organizational and Administrative factors as predictors of Undergraduates intramural sports participation. A case study of Adeleke University, Ede, Osun state "Nigeria" in the Department of kinesiology. Sports science and Health Education, faculty of Arts and Education lead city University Ibadan, Oyo State for the award of Master Degree (M.Sc(Ed) I sports Administration.

Dr. K.O. Lateef
(Supervisor)

Date

Dr. Faderera Adepoju
(Head of the Department)

Date

DO NOT COPY. LEAD CITY UNIVERSITY, NIGERIA

DEDICATION

First, this research work is dedicated to God Almighty. Who out of His infinite mercy, love protection and provisions seen me through this noble course and years after

DO NOT COPY. LEAD CITY UNIVERSITY, NIGERIA

ACKNOWLEDGEMENT

First of all I want to thank God Almighty who guided me from the beginning of my academic programme till the stage of concluding my research work and at the time when I think all hope was lost to God be the Glory.

My profound gratitude goes to my able and super supervisor Dr. K.O. Lateef, who took time out of his tight schedules to supervise and make meaningful contributions corrections, encouragement when necessary during these year especially in the course of carrying out this research work. May God in His infinite mercy bless you and your entire family members. My sincere appreciation also goes to Dr. E.M Oladejo, whose crucial role has brought this work to reality. May God bless you ma. I would also like to acknowledge with much Prof S.A Adeyaju appreciation Prof S. A Adeyanju Dr. A Ojo Dr. I.F familoni Dr. T Ola, DR. Ogundele Mr F. Olatomirin Mr. O.O Olawale, Dr Adisa in the department of kinesiology, sport science and Health Education, whose suggestions and constructive criticism have contributed immensely to the evolution of my ideas on this thesis.

My great appreciation also goes to my wife Mrs Elizabeth Moji Ayanlere and my lovely children Adeola, Adebisi Adedayo for their love, prayers encouragement and endurance during this programme. You are truly a great family I will also express my gratitude to my friends (Honourable David babatunde Akoro Mr Wale Oladapo, Mr. Adeleye, Mr Bamidele Emmanuel among other) whom has assisted in one way or the other towards the completion of the research work. Finally, thanks to all the academic staff of lead city University, Ibadan to as I say thank you all.

ABSTRACT

Intramural sport is a physical activity that gives participants a chance to experience enjoyment and competition, while at the same time acquiring positive outcomes such as new challenges, social interactions, skill enhancement and increased levels of fitness as well as enhanced physical and mental health. However, previous studies paid little concentrations on intramural sports participation and predictive factors such as organisational and administrative in tertiary institutions. This study therefore examined organisational and administrative factors as predictors of intramural sports participation among undergraduates of Adeleke University, Ede, Osun State. The descriptive survey research design was adapted in this study. Proportionate stratified and simple random sampling techniques were used to select 1166 respondents; while questionnaire was used for data collection. The descriptive statistics of frequency counts, percentages and inferential statistics of regression were used for the analysis. The result of the study revealed that the level of intramural sports participation among the undergraduates of Adeleke University, Ede was low. There was a significant joint prediction of organizational factors on intramural sports participation among undergraduates of Adeleke University, Ede ($F(3,1165)=34.169, p<0.05$). Sport funding ($\beta=0.263, t=9.037, p<0.05$) and timetable scheduling ($\beta=0.098, t=3.486, p<0.05$) had significant relative prediction on intermural sports participation among the respondents, while organizational policy ($\beta=-0.029, t=-0.999, p<0.05$) did not. There was a significant joint prediction of administrative factors on intramural sports participation among undergraduates of Adeleke University, Ede ($F(2,1165)=17.223, p<0.05$). Availability of personnel ($\beta=0.165, t=5.582, p<0.05$) and personnel competencies ($\beta=0.086, t=2.928, p<0.05$) had significant relative prediction on intermural sports participation among the respondents. It was therefore recommended that Sports Council of Adeleke University, Ede, in collaboration with academic planning Unit, should ensure that undergraduates are enlightened on the benefits that are attached to intramural sports.

Keywords: Intramural, Sports participation, Organisational and Administrative factors.

World count: 284.

TABLE OF CONTENTS

	Pages
Title	i
Certification	ii
Dedication	iii
Acknowledgement	iv
Abstract	v
Table of contents	vi
Lists of table	vii
List of figures	viii
List of accronyms	ix
CHAPTER ONE: INTRODUCTION	
1.1 Background to the study	1
1.2 Statement of the problem	7
1.3 Aim and objective of the study	8
1.4 Research Questions	9

1.5	Hypothesis	9
1.6	Significance of the study	9
1.7	Scope of the study	10
1.8	Limitation of the study	11
1.9	Operational Definition of terms	11
	Endnotes	13

CHAPTER TWO LITERATURE REVIEW

2.1	Conceptual studies	
2.1.1	Overview of Sports	16
2.1.2	Intramural sports	23
2.1.3	Organization in sport	41
2.1.4	Administration in sport	47
2.1.5	Administration of sport in Tertiary Institution	50
2.2	Theoretical model/framework	
2.2.1	Theory of Planned Behaviour (TPB)	72
2.2.2	Incentive theory	75

2.3	Review of Empirical Studies	
2.3.1	Organization Policy and intramural sports Participation	75
2.3.2	Sports finding and intramural sports participation	77
2.3.3	Timetable scheduling and intramural sport port participation	82
2.3.4	Available of personnel and intramural sports participation	83
2.3.5	Personal competencies and intramural sports participation	85
2.4	Conceptual framework	86
2.5	Summary of the reviewed literature	87
	Endnotes	88

CHAPTER THREE: METHODOLOGY

3.1	Research Design	97
3.2	Population of the study	98
3.3	Sample and sampling Techniques	98
3.4	Description of the Research instrument	99
3.5	Validity of Research instrument	99
3.6	Reliability of the Research Instrument	100

3.7	Data collection	100
3.8	Data Analysis	101
	Endnote	102

CHAPTER FOUR: RESULTS AND DISCUSSION OF FINDINGS

4.1	Demographic of Data Analysis	103
4.2.1	Distribution of the Respondents Gender	103
4.2.2	Distribution of Respondent by age	103
4.2.3	Distribution of the Respondents by level of Academic	104
4.2.4	Distribution of the Respondents by Residence	104
4.2.5	Summary of Result on the level of intramural sports participation	104
4.2.6	Regression Analysis of Joint Prediction of organizational factors on intramural sport participation	106
4.2.7	Regression Analysis of Relative Prediction of Organizational factors on intramural sports participation	107
4.2.8	Regression Analysis of joint prediction of Administrative factors on intramural sport participation	108

4.2.9 Regression Analysis of Relative Prediction

of Administrative Factors on Intramural Sports

Participation 109

4.3 Discussion of findings 109

Endnotes 112

CHAPTER FIVE CONCLUSION

5.1 Summary of Findings 113

5.2 Conclusion 115

5.3 Recommendations 116

5.4 Contribution to Knowledge 116

5.5 Suggested Area of Further Research 117

Bibliography 118

Appendix 129

Biodata 135

DO NOT COPY. LEAD CITY UNIVERSITY, NIGERIA

LIST OF TABLES

	Pages
3.1 Distribution of the respondents	99
4.1.1 Distribution of the Respondents by Gender	103
4.1.2 Distribution of the Respondents by Age	103
4.1.3 Distribution of the Respondents by Academic	104
4.1.4 Distribution of the Respondents but Residence	104
4.1.5 Summary of Result on the level of intramural sports participation	105
4.1.6 Regression Analysis of joint prediction organizational factors on intramural sports participation	106
4.1.7 Regression Analysis of Relative Predication of organizational factors on intramural sports participation	107
4.1.8 Regression Analysis of Joint production of Administrative on intramural sports participation	108
4.1.9 Regression Analysis of Relative Prediction of Administrative factors on intramural sports participation	109

LIST OF FIGURE

- 2.1 A conceptual Model on organization and Administrative factor as predictors of intramural sports participation among undergraduates of Adeleke University Ede, Osun State 86

DO NOT COPY. LEAD CITY UNIVERSITY, NIGERIA

LIST OF ACCONYMS

Abbreviation	Meaning
LCU	Lead City University
UNE SCO	United Nations Educational Scientific and cultural organization
CPD	Continuing professional development
TPB	Theory of Planned Behaviour
COS	Central organization of sport
CSR	Corporate Social Responsibility
EBES	Exercise Benefits/Barriers Scale
PE	Physical Education
NSPN	National Sport Policy of Nigeria
EAP	Emergency Action Plan
EBBS	Exercise Benefits/ Barriers Scale